



What to Pack

Pack in book sack/carry-on

1. A change of clothes with extra underwear and socks (in case of delays or lost luggage upon arrival)
2. Toothbrush, travel sized toothpaste, deodorant, comb/brush, etc. (All liquids must be less than 3 oz. and in a quart sized bag for security checks)
3. Electronics such as laptops, cameras, phones (including all chargers and be sure all devices are fully charged before traveling. Some checkpoints will require you to turn your computer on)
4. Personal medications (be sure all prescribed medication is in proper bottles with your name on the bottle)
5. Food/snacks
6. Passport, drivers license, money (new \$50/\$100 bills), and credit/debit cards should be kept in a safe and accessible place while traveling. Make sure you notify your bank that you will be traveling.
7. Jacket/sweater or sweatshirt (Kenya can get chilly and so can airplanes)
8. Travel pillow, sleep mask, ear plugs etc.

General packing

1. Journal, bible, notebook, pens
2. Solar charger/battery packs for charging your electronics (Charging opportunities will be provided but battery packs/solar chargers are a wonderful idea to help keep your devices charged)
3. Personal clothing: underwear, jeans, t-shirts (no spaghetti straps or tank tops). Men can wear shorts of knee length. Ladies can wear capris or jeans/pants (no yoga pants allowed). Light jacket.
4. For church: women need a skirt/dress and men need casual pants and polo/button down shirt

5. Tennis shoes or closed to shoes for outreach activities (thick soled shoes are best due to thorns)
6. Flip flops/sandals for shower and around compound only
7. Toiletries: shampoo, soap, feminine hygiene supplies, deodorant and lotions
8. Personal medications - enough for your entire stay
9. Sunscreen and insect repellent (deep woods off is acceptable)
10. Flashlight/headlight and extra batteries
11. Optional: portable battery operated fan
12. Personal snacks
13. Reusable water bottle (everyone must bring one)
14. Jewelry: leave all valuable jewelry at home. Men, please remove any piercings upon arrival. No gauges or nose rings. Tattoos are fine as long as it is not anything inappropriate. Please cover, if so.
15. International adapters for charging
16. Hat(s)

If you have any questions, please reach out to us
reachafricamissions@gmail.com
Stephanie Kenya - +254 717 591630
Aaron Kenya - +254 723 740110